

SAMPLE
Current menu options may vary.



VELA

soups

split pea and ham
egg drop

appetizers

calamari fritti
steak carpaccia

appetizers

dungeoness crab cocktail
caesar salad
baby lettuces

entrees

grilled pork tenderloin
petite filet
grilled salmon
vegetable & tofu pad thai
chicken roulade
roasted sea bass

vegetables

mixed fall veggies
sautéed chard

starches

wild rice pilaf
twice baked yams